



GLUTEN-FREE

"Your Bite Of The Big Sky"™

PRAIRIE™



Featured Recipe



GLUTEN-FREE PRAIRIE 'GROAT-SOTTO'

Did you know that our Gluten-Free Prairie Oat Groats are an awesome alternative to wild and brown rice in most recipes? Do you like Risotto? Our "Groat-Sotto" is a simple, protein filled take on an Italian classic. Add grilled shrimp for an elegant main course or as prepared for the perfect side dish.

Buon Appetito!

From sun to rains to snow...
our Spring Tease continues.

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More amazing gluten-free recipes are available on our website: www.glutenfreeprairie.com